

Dr. Herbert Groeger

Psychotherapist (Systemic Family Therapy), Social Scientist, Counselor, Supervisor, Coach for Social Skills and Management



Date and Place of Birth: May 18th, 1973 in Vienna, Austria

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Current Professional Positions:

Board member, psychotherapist, and counselor at the *Institute for Systemic Therapy (IST)* www.ist.or.at

Lecturer in social skills and management, supervisor for bachelor and master theses, examiner for bachelor and master examinations at the University of Applied Sciences *Technikum Wien*

Supervisor for psychotherapists-in-training at the *Sigmund Freud Privatuniversität Wien*

Communication coach specialized in team development, conflict management, leadership and management issues, personal coaching, and supervision

Work Experience and Education:

Psychotherapy practice for individuals, partners and families, *Institute for Systemic Therapy (IST)* Vienna (since 2005) and *Safe Place* Vienna (2003-2005)

Workshop trainer on systemic psychotherapy, examples: "Intensive training in systemic family psychotherapy", "Solution focused counselling", or "Systemic psychotherapy with men",

Conference presentations, example: "Clinical knowledge in systemic psychotherapy", *IST* 2009

Presentations and panel discussions, example: "Children as part of the conflict of their parents", *Anwaltliche Vereinigung für Mediation* 2010

Various publications of articles (most of them in German), available at the IST website

Trainings and consulting in business and non-profit organizations (since 1996)

Lecturer for communication skills, team development, conflict management, ethics, leadership and management issues, organizational development, and project management at the University of Applied Sciences *Technikum Wien* (since 2001)

Coordinator of the *Department of Social Skills and Management* at the University of Applied Sciences *Technikum Wien* (2005-2007)

Lecturer for conflict management, University of Applied Sciences *FHW Wien* (2004-2006)

Co-leader of a children's psychotherapy group, *Safe Place Vienna* (2003-2006)

Lecturer for psychology and social sciences, *Wilhelminenspital* Hospital Nursing School (2000-2005)

Psychotherapy with patients of a mental institution, *Kaiser Franz Josef-Hospital Vienna* (2003-2004)

Researcher in social sciences projects, *Leopold-Kunschak-Award* for humanities research in 2001

Doctoral thesis in political science and sociology on individual and collective political identity. University studies in Vienna, Granada, and Bogotá. Ph.D. (Dr. phil.) in 2000, M.A. (Mag. phil.) in 1997

Exchange student at Susan Wagner High School in New York City, Ronald S. Lauder Scholarship in 1988